

MISHOO MIINWAA NOKI

You, Me and Wrinkles

An Elder Abuse Prevention Podcast Program

A framework for listeners to better understand, recognize and act upon elder abuse

LISTEN

to the podcast as a group or on your own.

These AUDIO DRAMAS feature authentic characters, real stories, humour, and music. FACTUAL post-show expert commentary rounds out each episode.

"Mishoo miinwaa Noki – You, Me and Wrinkles" is available to groups doing virtual and/or live programming.

ABOUT WRINKLES

1 IN 6 SENIORS SUFFER FROM ABUSE

(World Health Organization)

It's a podcast, in two parts – audio dramas and panel discussions. Authentic voices tell true stories that inspire listeners to bring elder abuse out of the shadows and normalize talking about it. The dramas were created with residents of Wiikwemikoong Unceded



LEARN

from the experts in the field.

Your group will have questions, and ideas of their own.

Invite your local community service professionals to talk with them about elder abuse and answer those questions.

Territory, Ontario. The panels are made up of service providers, Elders and youth.

Through learning about it, we can help change attitudes and behaviours of abuse – together. Add your voices.

"...an incredible resource for programming/education – which can be utilized as a springboard into talking about these difficult issues."

– TANYA COULTER

M'Wikwedong Indigenous Friendship Centre

CONNECT

with supports and services available in your own community.

NEED HELP?

SENIORS SAFETY LINE

1-866-299-1011

any day, any time in
200 languages
across Ontario

Via computer or device:

LISTEN TO "WRINKLES" HERE

Telephone listening is available for your group through

Seniors Centre Without Walls (SCWW)

ELDER ABUSE IS ...

Physical, verbal, emotional, financial, sexual or spiritual. Neglect is a form of abuse.

It's the experience of older adults who are abused or neglected by someone they trust — a family member, friend, caregiver, person in authority.

PREVENTABLE!

COMMON MYTHS

1. Abuse and neglect of older adults is rare.
2. Mistreatment in later life only happens to people who are very frail.
3. Some cultures are "immune" to abuse; they always respect their older members.
4. Mistreatment in later life only happens to ...
 - older women
 - older people who are isolated
 - older people with disabilities
5. Sometimes an older person "chooses" to be abused or neglected by staying in an abusive relationship.
6. Most abuse of older adults involves physical abuse.
7. Most abuse of older adults occurs in nursing homes.
8. Most abuse in later life involves stressed families giving care.



Members of the cast of "Mishoo miinwaa Noki – You, Me and Wrinkles", Wiikwemikoong Unceded Territory, Ontario

HOW TO ORGANIZE THE "WRINKLES" PROGRAM:

1. **Preview** all five episodes yourself.
2. **Invite** local community resource guest(s) to join your presentation.
3. **Test** the method you plan to use to host the podcasts, such as Zoom, the phone or in-person.
4. **Collect** informational materials for your audience members.
5. **Prepare** a list of resource contacts for the audience.
6. **Promote** the podcast series to your members and to the community-at-large.
7. **Be clear** about the topics. It's about prevention of the abuse of older adults and promoting support. Make sure they know that it's an audio drama, like a radio play, and that the situations might be worrying to some people. Let them know that local community support people will be present.
8. **Listen** to each podcast in full with your members.
9. **Time** now for **discussion** and **Q&A**. Have your area's community "experts" on hand at your session to answer questions after the podcast, and to do individual follow-up if needed.
10. **Offer** local contact information at the time of the podcast.
11. **Announce** the Seniors Safety Line phone number at the start and the end of each presentation.
12. **Send** out print information (from points 4 & 5) to all who attended, or to your Centre's mailing list.
13. **Email** Sheatre, please, and let us know how it went: sheatre@sheatre.com

Listen with your group to the podcast online, or on the phone through Seniors Centres Without Walls.

Resources: Look for resources through **Elder Abuse Prevention Ontario**.

ABOUT THE EPISODES

“Wrinkles” entertains with stories, authentic characters and songs in Episodes 1-5. Click on the episode title to listen to the podcast.

Episode One: “Thieves”

The story: Teenagers steal food and drugs, and injure grandfather. His personal support worker and her agency give less than effective care.

Issues: physical abuse, medical malpractice

Experts: talk about ways to intervene and help

Episode Two: “The Golden Roof”

The story: A widow is cheated, and no one compensates her.

Issues: scams, isolation, disrespect of elders, systemic abuse

Experts: talk about responsibility, available services, the role of neighbours, as well as friends and family, and local government, in responding

Episode Three: “Mockery” and “Let Grandma Take Care of It”

Two stories: 1) A youngster mocks a disabled elder.

2) Drunken parents sluff off their responsibilities onto grandmother, who lacks the financial resources and stamina for the job.

Issues: disrespecting elders, family dysfunction, intergenerational trauma

Experts: discuss responsibility and helpful strategies

Episode Four: “Life With Mother”

The story: For years her husband abused her; now that he’s had a stroke, she’s getting her revenge.

Issues: partner abuse, medical maltreatment, neglect, dementia

Experts: discuss the role of friends, and offer their thoughts and service

Episode Five: “Your Money, My Money, Our Money” and “Locked Away”

The stories: 1) A man steals his elderly father’s money and bank cards.

2) A man confines his mother, refusing her access to church and friends.

Issues: financial abuse; spiritual abuse, isolation, abandonment

Experts: demystify various financial abuses, advice is offered for both parties

Next episodes feature talks with Elders and community resources. One is in Ojibwemowin.

RESOURCE IDEAS

Recruit local services. Raise the subject and lower the stigma as you talk with these local experts.

Episode One

- Youth
- Youth leader
- Health Centre
- Cultural Support Worker
- Police

Episode Two

- Police officer
- Band Council member
- Community legal clinic

Episode Three

- Building Healthy Communities counsellor
- Mental Health & Addictions
- Elder Abuse Prevention member
- Elders

Episode Four

- Indigenous Centre wellness worker
- Family Violence Shelter
- Alzheimer Society educator
- Elder abuse prevention representative

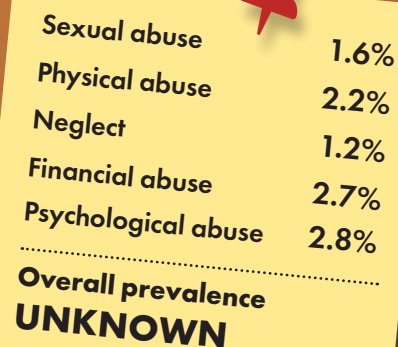
Episode Five

- Community legal clinic
- Police officer
- Spiritual leader

ELDER ABUSE FACTS...

- Abuse of older adults is widely under-reported, so its extent is unknown.
- “Based on studies that indicate two to ten percent of seniors are abused, there are between 40,000 and 200,000 seniors living in Ontario who have experienced or are experiencing elder abuse.” Elder Abuse Prevention Ontario website.
- During COVID-19 The Seniors Safety Line reports “an unprecedented number of desperation entreaties in recent weeks... Where there were maybe 800 calls in a “normal” month, there are now that many within a few days.”

The Toronto Star, April 28, 2020



Sexual abuse	1.6%
Physical abuse	2.2%
Neglect	1.2%
Financial abuse	2.7%
Psychological abuse	2.8%
Overall prevalence	UNKNOWN



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The podcast

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Adapted from the play developed and recorded at Wiikwemikoong Unceded Territory, Ontario.

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Cover Art

Detail of "Wisdom of Nokomis"
by Leland Bell, 2015



CAST

Developed with and featuring the voices of Gloria May Eshkibok, Daniel Gonzales, Bernadette Eshkawkogan, Fawn Aiabens Jacko, Marjorie Trudeau, Daniel Peltier, Jeff Eshkawkogan, Brenda Wabie, Kitty Medweish Bell, Dorothy Kennedy, Paul Hartmann, Rose Peltier.

MUSIC

- "Hey Good Lookin" and "Honky Tonk Blues" written and sung by Hank Williams
- "The Humble Song" by Danielle Roy McDonald, performed by The Ode'win Kwe Singers
- "Eagle Song" traditional
- "Fourth Fire" by Alanis King and Windsor Women's Hand Drum with Isabelle Meawassige
- "Strong Woman" by Maggie Paul

NEED HELP?



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**For information about
MISHOO MIINWAA NOKI
You, Me and Wrinkles**

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ONTARIO ARTS COUNCIL
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Ontario Trillium Foundation



Fondation Trillium de l'Ontario

An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario

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Sheatre is a registered charitable organization.






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